



Joy Of Painting - Gria Shead

DAY & TIME: Wednesday 1.30 - 4.30pm & Thursday 1.30 - 4.30pm

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MATERIALS LIST:

If you are a beginner I suggest you start with acrylic paint and progress to oil once you have a good understanding of painting.

A good range of colours to start with in either acrylic or oil paint (their names might vary ask for help where necessary)

Colours

Chrome or Cadmium Yellow

Lemon Yellow

Spectrum Red / Cadmium Red

Magenta or Crimson

Ultramarine Blue

Viridian Green

Naples Yellow

Burnt Umber

Raw Umber

Yellow Ochre

Zinc or Titanium white

Ivory Black

You can add to this list as you go

Brushes

Flat bristle get a selection of sizes for example no 5 – 7 and 10 - 12

Round bristle get a selection of sizes for example no 6 and 10 - 12

Some fine brushes for detail

Medium (for Acrylic)

Mattisse or Golden brand are good but you can try other brands

GAC 100 by Golden is a good all round medium though it is glossy

Mattisse open medium – to slow drying time

A brush cleaner when you are using acrylics and medium is preferable, but make sure its water soluble you can also use sunlight soap

Choose a medium according to the kind of painting you are doing eg. Thick or thin paint if unsure wait till class to discuss.



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Medium (for oil)

If using oil be prepared to take brushes home to clean and bring jars with lids to decant solvent and keep a lid on medium at all times.

If using oil you will need a brush cleaner - Choose from the least toxic range of brush cleaners eg 'Amazing brush cleaner', turpenoid, or baby oil, Odourless solvent (not turps) for cleaning brushes

Canvas, board or paper - It is your choice whether you paint on Canvas, canvas pad, board or paper - The size is also up to you also.

A Palette (this can be a large plastic lunchbox lid, bring glad wrap and wettex sponge, carry paints in lunch box) or palette pad with disposable sheets is good – saves washing paint down sink

Palette knife or plastic spoon

Cartridge pad of paper (A4 sketch pad for drawing/ layout)

2B and 4B pencils , sharpener, rubber and ruler plastic containers for water and acrylic medium if using acrylic paint

metal or glass jar with lid for mediums/solvent if using oil

Apron

Rags or disposable towels (towlettes)

Disposable gloves (optional)

Scissors

PVA glue

Always wear covered shoes

Inspiration - pictures / notebooks